

THE PE CURRICULUM

CHALFONTS PE DEPARTMENT POLICY

AIMS

The general aim of the PE Curriculum is to provide opportunities for all students to find success through sport, either as a performer, coach, official or leader. A range of activities and developments are on offer to assist pupils in this process, while still educating them on the benefits of life-long exercise.

KEY STAGE 3 CURRICULUM (KS3)

The KS3 Curriculum has been designed to meet the requirements of the National Curriculum and to serve the desire for team and individual sporting success in our extra-curricular activities.

YEAR 7

- Students will spend the year in their tutor groups for both of their weekly lessons. In the first few weeks of term in September, students will undertake various tests in physical fitness, coordination and multi-skills in order to provide a "baseline assessment grade" for them. This grade will form the basis of their end-of-year targets in PE.
- Students cover a range of activities which meet the requirements of the National Curriculum key concepts and processes.
- Through each activity, students can perform (football, netball), create (gymnastics) and officiate (athletics) and learn the values of teamwork and leadership (OAA).
- Students are routinely assessed throughout the year and at the end of each unit of work (usually at the end of each half term), students are assessed in line with National Curriculum Standards. These are communicated with the students, filed and used to complete a student's subject report on Go 4 Schools.
- Towards the end of year 7, students grades will be analysed and pupils will be placed into ability sets, ready for the start of year 8 in September.

YEAR 8

- Students are setted into ability groups. There will be one top-ability, mixed sex set and a further four single sex, ability groups.
- Students cover a range of activities which meet the requirements of the National Curriculum key concepts and processes.
- Activities offered are the same as in Year 7, but skills and concepts are covered in greater detail, with a larger emphasis on more complex skills and tactics.
- Through each activity, students can perform (football, netball), create (gymnastics) and officiate (athletics) and learn the values of teamwork and leadership (OAA).

- Students are routinely assessed throughout the year and at the end of each unit of work (usually at the end of each half term) students are assessed in line with National Curriculum Standards. These are communicated with the students, filed and used to complete a student's subject report on Go 4 Schools.
- Following grading, opportunities to move up and down sets exist. This will be at the discretion of the teachers in charge, and is designed to challenge and motivate students.
- Students work towards the target grade set by their PE teachers in their year 7 "baseline assessment"

YEAR 9

- Students remain in their setted ability groups. There will be one top-ability, mixed sex set and a further four single sex, ability groups.
- Students cover a range of activities which meet the requirements of the National Curriculum key concepts and processes.
- Activities offered are largely the same as in Year 7 and 8, but skills and concepts are covered in greater detail, with a larger emphasis on more complex skills and tactics.
- Through each activity, students can perform (football, netball), create (gymnastics) and officiate (athletics) and learn the values of teamwork and leadership (OAA).
- Students are routinely assessed throughout the year and at the end of each unit of work (usually at the end of each half term) students are assessed in line with National Curriculum Standards. These are communicated with the students, filed and used to complete a student's subject report on Go 4 Schools.
- Following grading, opportunities to move up and down sets exist. This will be at the discretion of the teachers in charge, and is designed to challenge and motivate students.
- Students work towards the target grade set by their PE teachers in their year 7 "baseline assessment"
- A select group of students will also have the opportunity to follow a Sports Leadership course through one of their twice-weekly lessons. These students will be eligible to "lead" at one or more of our primary school festival days throughout the academic year.

KEY STAGE 4 CURRICULUM (KS4)

The KS4 Curriculum has been designed to meet the requirements of the National Curriculum and to serve the desire for team and individual sporting success in our extra-curricular activities.

In addition to the factors above, the KS4 curriculum also has a much greater emphasis on sport now and beyond school. Activities are catered for students to gain greater experience in coaching and leadership, while also introducing pupils to new forms of exercise which could be continued in later life.

Students have also been involved in the process, by the completion of regular questionnaires to understand the requests of students and enhance/maintain the participation rates across the KS.

YEAR 10

- Students remain in their setted ability groups. There will be one top-ability, mixed sex set and a further four single sex, ability groups.
- Students cover a range of activities which meet the requirements of the National Curriculum key concepts and processes.
- Activities offered are similar to those offered in KS3, but skills and concepts are covered in greater detail, with a larger emphasis on more complex skills and tactics. There may also be the addition of new activities such as dance, volleyball and use of the Fitness Suite.
- Through each activity, students can perform (football, netball), create (gymnastics) and officiate (athletics) and learn the values of teamwork and leadership (OAA).
- Students are informally assessed throughout the year and at the end of each unit of work (usually at the end of each half term) these grades can be communicated with the students.
- Following grading, opportunities to move up and down sets exist. This will be at the discretion of the teachers in charge, and is designed to challenge and motivate students.
- A select group of students will also have the opportunity to follow a Sports Leadership course through one of their twice-weekly lessons. These students will be eligible to "lead" at one or more of our primary school festival days throughout the academic year.
- One of the key influences/requirements of the KS4 curriculum is that students should have more opportunity to develop their coaching, leadership, officiating and tactical knowledge of sport.
- It is also important that students continue to understand and acknowledge the benefits of a healthy, active lifestyle and how to obtain/maintain one.
- The year 10 and 11 curriculum and extra-curricular programme has been designed and influenced by the opinions of our students through the regular issuing of Student Questionnaires.

YEAR 11

- Students remain in their setted ability groups. There will be one top-ability, mixed sex set and a further four single sex, ability groups.
- Each student has one "double period" per week, rather than two single period lessons as experienced lower down the school.
- The year 11 curriculum is almost entirely catered to increase and maintain student's participation in PE.
- Students cover a range of activities which meet the requirements of the National Curriculum key concepts and processes.
- Activities offered are similar to those offered in KS3, but skills and concepts are covered in greater detail, with a larger emphasis on more complex skills and tactics.

There may also be the addition of new activities such as dance, volleyball and use of the Fitness Suite.

- Through each activity, students can perform (football, netball), create (gymnastics) and officiate (athletics) and learn the values of teamwork and leadership (OAA).
- Students are informally assessed throughout the year and at the end of each unit of work (usually at the end of each half term) these grades can be communicated with the students.
- Following grading, opportunities to move up and down sets exist. This will be at the discretion of the teachers in charge, and is designed to challenge and motivate students.
- One of the key influences/requirements of the KS4 curriculum is that students should have more opportunity to develop their coaching, leadership, officiating and tactical knowledge of sport.
- It is also important that students continue to understand and acknowledge the benefits of a healthy, active lifestyle and how to obtain/maintain one.
- The year 10 and 11 curriculum and extra-curricular programme has been designed and influenced by the opinions of our students through the regular issuing of Student Questionnaires.