



ADHD / Autism 360 Right to Choose Pathway

Guidance for Propel Mentors
In commercial confidence



Partnership Overview

The Mason Foundation has partnered with ADHD 360 and Autism 360 to offer NICE-approved diagnostic assessments for ADHD and Autism. This partnership provides a streamlined referral pathway exclusively for The Mason Foundation's Propel schools, colleges, and community partners, enabling faster assessments compared to many local NHS services.

Assessments are accessed through the [NHS Right to Choose](#) framework, which allows patients to choose their service provider and helps reduce waiting times in areas with NHS backlogs.

Referral Pathway and Process

1. Complete the Referral Form

The referral process begins when the patient, or the parent/carer of a child or young person, completes Part A of The Mason Foundation's referral form. A supporting questionnaire (included in the form) must also be completed by the patient or their parent/carer.

2. Book a GP Appointment

After completing Part A, the patient or carer should book an appointment with their GP (or another primary care practitioner). During the appointment, they will request a referral for ADHD or Autism under the NHS Right to Choose scheme. The GP will complete Part B of the referral form, ideally during the same appointment.

3. Provide Supporting Evidence

Patients or carers should gather supporting evidence from a school SENCO, teacher, college staff, community support worker, or another health professional. This evidence should be submitted along with the referral form.

4. Submit the Referral

The GP submits the completed referral form to the email address provided on the form. The referral is then forwarded to the assessment provider, ADHD 360 or Autism 360.

5. Assessment and Follow-up

After receiving the referral, ADHD 360 or Autism 360 will contact the patient or carer to schedule an online assessment, which typically lasts 90 minutes. Following the assessment, a follow-up appointment is arranged to discuss the outcome, next steps, and recommendations. For ADHD assessments, patients can also explore medication options with their clinician.

Frequently Asked Questions

1. Is there any payment?

No, the assessments are covered by the NHS through the Right to Choose framework.

2. How long will my referral take to be processed?

The referral process is faster than typical NHS services, but timelines may vary, but we aim for all referrals to be seen within a 16-week period

3. How will my child manage an online assessment?

The assessments are designed to be manageable, and the clinical team provides support throughout the process. Allow your child to feel at ease within the appointment, don't worry if they need to move about, take regular breaks or require fidget tools during the assessment

4. Are the clinical team as good as NHS clinicians?

Yes, all clinicians are trained and follow the same NICE-approved guidelines for diagnosis as NHS providers and follow the same robust clinical standards

5. How do I access medication?

Medication options for ADHD can be discussed during the assessment, and costs are covered by the NHS.

6. What if I don't agree with the outcome?

You can discuss any concerns during the follow-up appointment and if necessary, escalate any concerns to the Propel team.

7. What if my GP says they can't refer through Right to Choose?

Patients have the legal right to choose their assessment provider. You can provide information to your GP about this scheme. If you have any concerns, please refer back to the Propel team.

8. Is face-to-face better than online?

Online assessments are equally effective and convenient for many patients.

9. What if I don't hear anything after 16 weeks?

Contact the assessment provider ADHD 360 / Autism 360 in the first instance. Alternatively, you can follow up with a member of the Propel team.

10. What if I'd like to be referred to both pathways?

You can request referrals for both ADHD and Autism at the same time, the GP/ practitioner will need to complete both referral forms and provide evidence to support both pathways