

## The Chalfonts Community College PE Department Extra-Curricular Timetable Term 1 (September to December 2019)

	Before School	Lunch				After School		
	Fitness Suite 7:45 to 8:30	Gym	Muga	Hall	BTEC Intervention	Courts/ Studio/ Hall	Muga	Field/ Fitness Suite
<b>Mon</b>	Fitness Suite 8am to 8:40 FCT	Yr 10/11 Basketball DCY	Year 9 Football CHA	KS3 Dodgeball NBL		Year 7 Netball CHG  <b>(COURTS)</b>	Year 7-9 Football PDN/ CHA/ HWD	All Years Fitness Suite FCT
<b>Tues</b>	Fitness Suite 8am to 8:40 FCT	Year 7 Basketball PDN	Year 11 Football CHWD	Inclusive Sports KTC/ Cathy Jones/ Sally Beck			All Years Girls Football NBL	All Years Fitness Suite FCT  Year 7 Rugby (FIELD) PDN
<b>Wed</b>	Fitness Suite 7:45 to 8:30 CHG	Year 8 Basketball	Year 10 Football DCY			All Years Aerobics Fitness Class FNR <b>(HALL)</b>		
<b>Thu</b>	Fitness Suite 7:45 to 8:30 PDN	Year 9 Basketball CHA	Year 7 Football GOM	HIP HOP DANCE CLUB  MACIE & NBL			Year 8,9,10 & 11 Netball Practice NBL /KTC/ FNR	
<b>Fri</b>	Fitness Suite 8am to 8:40 FCT	Girls Basketball	Year 8 Football HWD					

**Before School clubs can be done in PE Kit/ Fitness wear. Towels/ deodorant must be brought. It will be first come, first serve for the fitness suite**

**Afterschool Clubs from 3:05 until 4pm. Meet at the PE changing rooms. Students must arrange transport home.**

**Powerleague- Trainers must be worn. You must be prompt to the pitches to increase game time.**