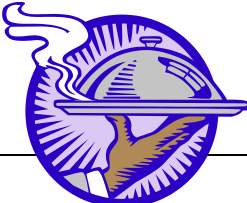



Week 4

Café 2000	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL 	Battered Fish with Lemon	Spaghetti Bolognese	Chicken Curry with Naan Bread	Roast Turkey	Chicken Tagine with Couscous
Vegetables of the Day	Peas Baked Beans Chips	Tossed Salad	Rice Bombay Potatoes	Broccoli Roast Parsnips Roast Potatoes	Sweetcorn Carrots
Vegetarian Meal	Leek & Cheese Pasta Bake	Macaroni Cheese	Lamb Koftas with Flatbread	Hot Wok Stir-Fry Veggie Burger Bap	Dauphinoise Potatoes with fromage frais
Light Bite 	Ravioli	Mexican Rice	Cheese & Tomato Pasta Bake	Leek & Cheese Pasta Bake	Cheese & Tomato Pasta Bake
	Pasta Pots				
	Jacket Potato with Cheese & Beans – plus filling of the day ~ TUNA				
Soup / Salad	Soup of the Day / Assorted Salads				
Break Bite	Pizza, Chicken Fillet bap, Bacon Roll				
	Cereal Pots				
DESSERTS	Fruit Bar, Fruit Bags, Custard Yoghurts				